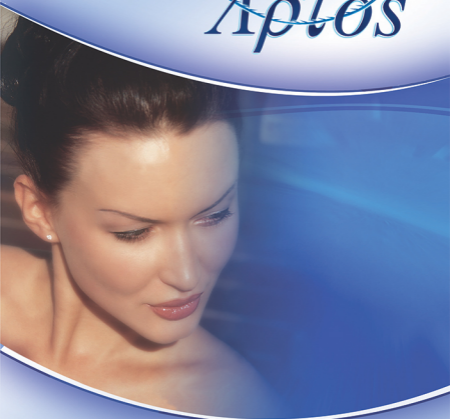


New minimally-invasive rejuvenation methods

Aptos



Not changing beauty...

Aptos®

APTOS collectively can be referred to as modern methods of rejuvenation of the face and body, devised by Russian plastic surgeons. Over the past 8 years these methods have successfully been used by the leading specialists in 48 countries of the world. The APTOS methods have proved reliable, yielding excellent instantaneous results, leaving no scars, helping to correct and slow down the process of fading and decay of the skin, thus delaying the time when one would ultimately have to resort to the services of traditional plastic surgery. Besides, they provide a rejuvenation possibility to the patients who for some reasons cannot afford major plastic and aesthetic surgery. The APTOS methods have proved their efficiency in lifting soft tissues of the face, body, breasts and buttocks. Rehabilitation is short and just in a few days one may return to his or her usual work and everyday life. The technology is designed for people of different age with different demands and desires.

What is the difference between the APTOS techniques and the routinely performed face-lift methods?

The APTOS methods do not substitute the conventional aesthetic operations. They only give a possibility to delay the moment of carrying out classical aesthetic operations, to improve the appearance without using implants, large incisions, detachment or lifting of the skin. The APTOS methods differ by the minimally invasive nature, possibility to restore the lost contours and volumes of the face and body. These methods also make it possible to simplify the surgeon's work while carrying out routine aesthetic operations later on.

Could the APTOS techniques be combined with classical aesthetic operations and procedures?

Combining the APTOS methods with the classical aesthetic operations and procedures significantly extends and enhances the physician's capabilities and make it possible to achieve much better results.

Can the APTOS procedures and operations be repeated?

It is advised to start from the least traumatic procedures (APTOS Thread), repeating them later, or replacing them by a more substantial lifting called APTOS Needle, and, of course when it becomes necessary, to resort to the traditional face lifting.

How long does the lifting effect last?

The effect lasts for two years and a half or even longer, depending on many factors, which may be as follows:

- the patient's age
- his/her lifestyle and quality of life
- type of the skin
- proper facial care, etc.

In heavy smokers and people with accompanying diseases the duration and course of the post-operative period would differ, with the effect shortening in time.

What are possible side effects or complications, if any?

These may include:

- Oedemas and possibly haematomas at the site of intervention.
- Rupture of the threads due to incorrect post-operative care
- Short-lived effect. All complications and undesirable effects can be easily and rapidly corrected during a second visit to the doctor.



APTOS Thread — barbed threads

For an easy lift of flabby, flaccid tissues of the eyebrows, hanging lips, bucco-zygomatic, sub maxillary and partially cervical areas by means of thread implantation into subcutaneous through punctures.

What are the APTOS Thread made of?

They are made of conventional surgical suture material (polypropylene) used in surgery for over 50 years, provided with microscopic barbs. Catching onto the tissues, they allow to shift the tissues to the desired position.

How long do the procedure and rehabilitation last?

The procedure on the whole face takes about 20—30 minutes, and on a separate facial area, it lasts about 5—10 minutes. Rehabilitation takes from one to two weeks. However after several postoperative days one can return to his/her everyday life.

When can the result be seen?

Improvements are observed immediately after the procedure. The final result is assess in 2—3 weeks.

APTOS Thread 2G — second generation of APTOS Thread

For stronger, stable and long-term braces of soft tissues. The thread with microscopical ledges is connected by the both sides to the needles which are coupled with temporal connection. Lifting with such thread is stronger, more stable, long lasting and the main is that it doesn't needs to cut the skin.

APTOS Wire — dissection of soft tissues

For removal of wrinkles and folds, atrophic and indrawn scars of the face and body, as well as for correction of unevenness of the skin and subcutaneous tissues, having resulted from failed liposuction, uneven contour in cellulites.

APTOS Needle — sewing through soft tissues

For powerful, long-term, yet minimally invasive lifting of the skin and subcutaneous tissues of the face, neck, breasts, brachial inner surfaces, and buttocks with small (up to 1 cm long) incisions under local anesthesia. It is a unique tissue-suturing appliance making it possible to suture through soft tissues with small stitches just subcutaneously without the suture thread emerging on the surface of the skin. As though an invisible surgeon under the skin is suturing the flabby, sagging skin and the underlying tissues, grouping them in the required places in order to impart them elasticity and create new contours of the skin, with no scars left.



Before

After

APTOS Spring — thread-springs

For lifting of the lowered labial corners, removal of mourning wrinkles that make a face look sad by means of ingenious suturing material in the form of springs inserted under the skin into the required position. This thread makes it possible to shift the mentioned portions of soft tissues upwards, participating in the mimic muscles movements without altering the facial expression. This procedure lasting 15 minutes under local anesthesia can solve the problem mourning, crying appearance.

APTOS Filling

A new, unique method of procurement and preparation of the patient's own adipose cells in order to create the volume and lift in the retractions on the face and body. Unlike the classical methods of lipofilling, this technique makes it possible to procure adipose cells without destroying their integrity, followed by implanting them into the required region, which provides a long-lasting effect. There is no need to store live adipose cells in special refrigerators for additional injections. The operation is performed using disposable materials with no need to use nonexpensible tools and items, which considerably decreases the risk of any contamination.

Who can carry out the procedures and operations according to the APTOS methods?

The procedures and operations according to the APTOS methods may be performed only by the duly trained specialists possessing the appropriate certificate signed by the author of the APTOS methods.

The minimally invasive procedures APTOS Thread, APTOS Wire, APTOS Spring may be carried out not only by plastic surgeons but also by cosmetologists. The operations according to the APTOS Needle and APTOS Filling methods are to be carried out only by certified aesthetic surgeons.

When can the results be seen?

Improvement may be seen immediately following the procedure. The final result is evaluated from 2 to 3 weeks.



Computer-assisted simulation – APTOS Designer

Computer-assisted simulation may be used for a better understanding and assessment of the results of both the APTOS procedures and any other traditional conventional aesthetic operations. You may see the possible results on the screen virtually simulated by physician who will perform the procedure. This is merely virtual simulation of the would-be results and it does not provide a 100 percent resemblance. However, it provides a possibility to plan well in advance the procedures and operations which would be best to resort and avoid undesirable additional interventions.

Caution fakes!

This is not a secret to anyone that qualitative products are often forged. Our products is also has undergone to this fate. Unfortunately a root of this problem is unfair doctors, which get and work with poor-quality product neglecting the first and major principle of doctors "Do not do much harm", doctors become accomplices of crime. We consider obligatory to warn you about danger of fakes manufactured in Brazil, Italy, China, Korea and many others.

Operations using the APTOS Needle on the face

Lifting of the eyebrows — makes it possible to fix the tissues in a new position with small nodes for a long time.

Lifting of the bucco-zygomatic areas — transposition of soft tissues takes place at the expense of suturing them through and fixation thereof within denser tissues.

The nose — in some cases it is possible to somewhat elevate or narrow the tip of the nose and the wings of nostrils.

The parotid region — the procedure makes it possible to correct the elongated lobe of the ear, and to simultaneously pull up the sub maxillary region, thus improving the jaw line.

The chin — creates volume in the area of the chin, lifting the cervical and sub maxillary region, simultaneously correcting the pear-shaped chin. In some cases, it replaces the operation with grafting implants.

Neck lift — the threads are passed subcutaneously with fixation in the retro aurial region, and the cervical soft tissues are supported by the threads in the form of a "hammock".

Operations using the APTOS Needle on the body

Brachial inner surfaces — the procedure makes it possible to gather the flabby and sagging skin in order to create a new contour.

The mammary gland — in some cases, it is possible to replace a severe operation for breast lift. Without any visible dissections, the breast is subcutaneously sutured through punctures and fixed to the clavicle, which creates the so-called subcutaneous bra. This makes it possible to fix the breast for a long time in a new elevated position without using implants or surgical incisions.

The buttocks — efficient lifting without implants or surgical incisions, also through needle punctures by means of suturing flabby sagging tissues from inside and their fixation in a new aesthetically advantageous position.

What is the difference between the APTOS Needle and the APTOS Thread?

Unlike implantation of barbed threads, the APTOS Needle makes it possible to lift heavier tissues of the face and body, to create more volume and to fix them for a longer period of time. But in this case, small incisions (up to 1 cm) are necessary, and the procedure is to be carried out only in the operating room. The rehabilitation period is slightly increased but the effect is considerably longer. For the facial region the APTOS Needle is more often used in cases when:

- the patient is over 40 years old
- in case of thick skin, heavy soft tissues and a necessity to improve the result of a preliminarily performed face lift
- one or several APTOS Thread operations have been performed prior to this and it is necessary to improve the result as well as to delay the time of classical face-lift.

APTOS Needle 2G — new development

This product and engineering of operation is applied practically on all sites of the face both to moving fabrics and for creation of high contours. Thus lifting of soft fabrics is even more powerful and stable because APTOS Needle allows to develop a needle hypodermically in a necessary place and accordingly to spend a string on any contour, not breaking the ledges. At the same time this method does not require a section of a skin, as the original idea of two coupled needles is realized.



The logo for Aptos, featuring the word "Aptos" in a blue, elegant script font. A thin blue line is drawn across the letters, starting from the top left of the 'A' and ending at the top right of the 's', creating a sense of motion or a stylized underline.

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